
Palliative care



If this treatment approach relates to you, use this section to:

- **record** details about your palliative care providers
- **store** your palliative care-related information
- find **questions** that you might like to ask.

Palliative care

This approach to care/treatment is aimed at relieving symptoms and improving quality of life at any stage of a chronic or life-threatening illness.

Palliative care is helpful when an illness is no longer curable. It can also be used with active treatment to manage symptoms.

Palliative care can begin from the first diagnosis of a life-threatening illness. It helps to promote the quality of life for patients and their families/friends throughout the course of the illness, not just in the final weeks or days.

Palliative care links patients and families/friends to services and supports to meet their physical, emotional, spiritual and practical needs.

Questions you could ask



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| • What is palliative care and what does it involve? | • Does having palliative care mean all my other treatments stop? |
| • How will palliative care help me? | • Will I still have contact with the other members of my health care team? |
| • When should I consider palliative care? | • Will this therapy affect other treatments I am having? |
| • Does palliative care mean I am dying? | • Can I continue with my complementary and alternative therapies? |
| • Where will I have the palliative care? | • Do you have any written information that I could take away to read? |
| • How much will palliative care cost? | |
| • Can I stop palliative care once I have started? | |